



DASH NETWORK

ANNUAL REPORT **2023**

Prepared By:
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Prepared For:
General Public

DASH NETWORK FLORIDA ANNUAL REPORT

The DASH Network is a therapeutic empowerment network created to educate, develop, and support young adults aging out of foster care into personal confidence, self-sufficiency, and financial security.

Welcome To Our Network

A Message From Our CEO



Let's Empower SMART DREAMS!

SMART DREAMS is more than a mindset; it's a force reshaping communities across Florida. We are thrilled to unveil the impact we've achieved in 2023. Our commitment to empowering lives, fostering resilience, and nurturing dreams has sparked a wave of positive transformation.

Creating an Educated, Empowered, and Resilient Network

As we reflect on the challenges and triumphs of the past year, it becomes clear that our collective strength, resilience, and unwavering commitment have not only fortified but enriched our community partnerships across Florida. Together, we've faced adversity, emerging not only stronger but also more interconnected to educate, develop, and support SMART DREAMS.

I extend an invitation to you to take a moment and explore the remarkable tapestry of our community's achievements and growth highlighted in our Annual Report. As you review the report, remember that the journey to turning dreams into reality thrives on consistency. Our supporters steadfast commitment to aspirations, fueled by the blazing passion within them, continues to illuminate the path to unparalleled success.

Here's to a year ahead filled with boundless opportunities, growth, and the realization of our most audacious dreams.

With gratitude and anticipation,

Mike Williams
Founder & CEO

Network Highlight

2023 Dreamer of the Year

Jada - Tallahassee, FL

Jada had an exceptional year marked by resilience and unwavering determination. In the face of challenges, she remained steadfast, showcasing resilience as she pursued her dreams. Empowered and focused, Jada is transforming her aspirations into a remarkable reality.



2,000+ Employment/Educational Hours

Jada attended Lively Technical College and worked full-time with Amazon most of the year.

150+ Personal Development Hours

Jada completed several hours of personal/professional development coaching learning goal setting, budgeting, and career performance, & more.

100+ Service Hours

Jada served on multiple projects with her peers developing her local community and within several non-profits.

01. Graduated High-School

Jada graduated with her high school diploma through the Tallahassee Engaged in Meaningful Productivity for Opportunity program in partnership with Lively Technical College.

02. Accomplished Phase 1: Self-Confidence

Jada completed all of the requirements in Phase One that shows a young adult has established a vision for their personal lifestyle, whom will help and support them, and how they will achieve it.

03. Served on the Most Projects

Jada stands out with unwavering dedication and passion for creating positive change. She consistently goes above and beyond, embodying the true spirit of community service leadership.

Network Highlight

2023 SMART DREAMS Coach of the Year

Ms. Quay - Leon County, FL

Quay deeply values the progress and achievements of her Dreamers. The key to her success is the commitment to offering unwavering support, creating a nurturing environment, and emphasizing accountability.



2,500+ Employment/Educational Hours

Quay served as a coach at DASH and as the ED of her own organization, SHE Academy, in addition to various other responsibilities.

250+ Personal Development Hours

Quay placed a high value on personal development and prioritized continuous learning, resilience, and self-care.

500+ Service Hours

Quay led her organization, SHE Academy, without pay but fueled by her deep commitment to teen girls and still gave numerous hours to empowering others.

01. Hosted 5 Special Events

Quay consistently ensured that our Dreamers encountered uplifting and affectionate celebrations during the holidays and those special moments in their lives.

02. Served 9 DASH Dreamers

Quay serves the most Dreamers simultaneously in the state. She has excelled in her SMART DREAMS training, emerging as an expert in creating a therapeutic & empowering space where her Dreamers not only feel accepted but also thrive.

03. Never Missed A Birthday!

Dedicated and caring, Quay exemplified a commitment to her Dreamers by never missing a birthday. She always recognized the significance of these personal moments and ensured each Dreamer felt seen and celebrated.

2023 DASH Network Partner of the Year

GameBred Youth - Miami Dade County, FL

The commitment of Gamebred Youth has significantly enriched our Dreamers in South, FL. Through their dedicated support, Gamebred Youth continues to exemplify the essence of a truly exceptional community partner.



100+ Service Hours¹

Gamebred provided ongoing one-on-one mentoring along with physical, mental, and emotional training.

12 SMART DREAMS Dinners Hosted

Gamebred organized numerous events benefiting our Dreamers, including various life skill and physical fitness activities along with holiday gifts.

3 Events Hosted

Gamebred sponsored several dinners, offering our Dreamers a diverse range of new food experiences and life skills lessons.

01. Social Relationships

Gamebred provided several mentors and personal connections that our Dreamers now rely on for social and emotional support.

02. Safe Space & Support

Gamebred has established a connection with our Dreamers that allows them to open up about week to week struggles or overcomings.

03. Educational & Holiday Experiences

Gamebred has allowed our young adults to participate in multiple events that educated/developed them physically and mentally while also rewarding them with gifts of love and appreciation.

Network Highlight

Fundraising



Enriching Our Network Through Contributions

Together, we are not just a network but a dynamic ecosystem where every contribution elevates the collective experience, fostering a culture of collaboration, empowerment, and endless possibilities.

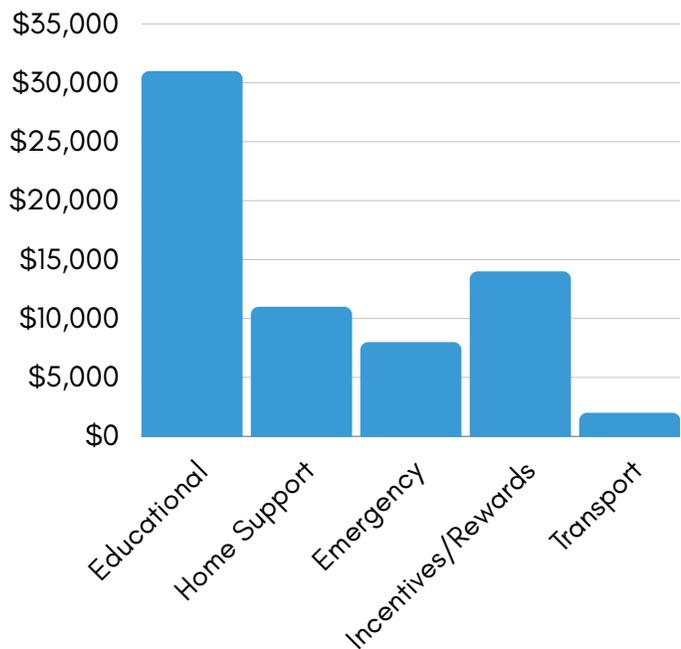
Total Raised

\$66,000

Through individual contributions, home and event sponsorships, and/or fee-for-service coaching.

#DreamsSavers Support

Over the course of 2023, we were able to fulfill more than 100 support requests from young adults who needed assistance throughout their journey to success. Our assistant ensures that during critical moments, our Dreamers are not facing life alone or making poor decisions. Whether it's providing a first-time outfit needed for a job or assisting with moving into their first home, our support keeps SMART DREAMS resilient and thriving.



Network Highlight

Florida Social Impact



SMART DREAMS Trainings

Our community trainings empower both youth and professionals to actively engage in society, instilling a strong sense of responsibility. Through dynamic sessions focusing on social, financial, and health literacy, we foster an environment that supports growth and well-being. Together, we build a community where individuals can thrive and become self-sufficient and financially secure.

SMART DREAMS Coaching

Our coaching program has been a vibrant hub of activities, fostering personal and professional growth among our Dreamers. From engaging workshops that cultivate essential life skills to interactive workshops promoting mental well-being, our program has been a catalyst for holistic development.

61

Impacted from SD Coaching

We supported 32 supportive living homes, 2 residential homes, and 3 affordable housing properties.

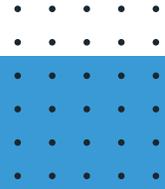
267

Impacted from SD Trainings

We hosted 3 *My Jumpstart to Independence* youth trainings and 2 SMART DREAMS professional trainings

Network Highlight

Dreamer's Lifestyle Productivity



Empowered & Resilient Community

In our empowered and resilient community, the spirit of strength and unity prevails. We uplift one another, turning challenges into opportunities for growth. With a collective commitment to well-being and support, our community thrives. We embody the resilience that transforms adversity into productivity.

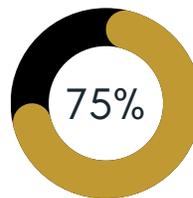
"DASH Life" Lifestyle

The DASH Life Lifestyle challenges Dreamers to conquer their fears and overcome past trauma. They establish a productive lifestyle through the development of personal habits that foster self-confidence, thereby enabling them to believe in their potential for achieving self-sufficiency and financial security in the future.

52,000+ Hours

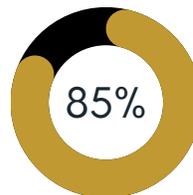
of Lifestyle Productivity

in over 6 counties throughout Florida.



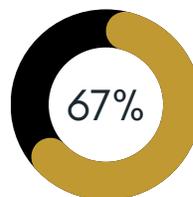
Education/Employment

of all Dreamers completed at least 20 hours of productive activities per week.



Personal Development

of all Dreamers completed at least 5 hours of productive activities per week.



Service

of all Dreamers completed at least 5 hours of productive activities per week.



Network Highlight

SMART DREAMS Housing with DASH, Inc.

Housing that Empowers Self-Confidence, Self-Sufficiency & Financial Freedom

In partnership with Dreams and Success Homes, Inc. we supported young adults between the ages of 18-35 directly on a day to day basis 24/7/365. We currently support housing in the following counties: Broward, Duval, Lake, Leon, Miami-Dade, & Sumter.



01. Supportive Housing

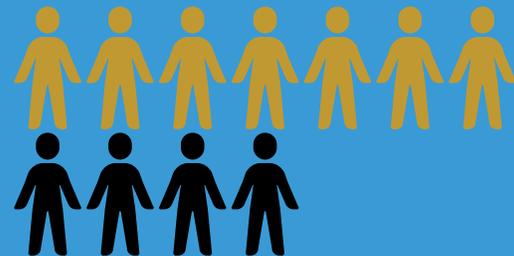
44 dreamers living in supportive living homes in Broward, Duval, Lake, Leon, Miami-Dade, & Sumter counties.

12 beds coming soon in Escambia, Indian-River, and Monroe counties.

02. Affordable Housing

9 dreamers living in Affordable Housing in Duval, Lake, Leon, & Miami-Dade counties.

COMING SOON: Escambia, Duval, and Miami-Dade counties.



53 Dreamers Statewide

We are on a mission to create 100 beds throughout the state of Florida that will house and support young adults over 5-10 years of their life until they either achieve self-sufficiency or financial security. Beginning 2024, we will have 73 beds available.

More Information About Us



Join Us In Transforming Trauma into Resilience!

Embrace the power of collective healing and growth – join us in transforming trauma into resilience! In a world marked by challenges, we invite you to be an active participant in reshaping narratives and fostering strength in the face of adversity. Together, let's create a community where stories of resilience replace those of hardship. By joining this movement, you become an essential part of a network dedicated to turning pain into strength, scars into badges of honor, and trauma into opportunities for growth. Take the transformative journey with us – because together, we can build a future defined by shared resilience and unwavering support. Your presence and commitment matter in this endeavor – let's transform trauma into triumphs, one resilient step at a time!

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Office Locations
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